

# WHAT'S UP WITH YOUR PHO'S



Issue 9  
April 2008

## Changed Management for RCPHO—Exit from South Link Health

As advised in previous newsletters, Rural Canterbury PHO Board received six month's 'notice of termination' from South Link Health in November 2007 for the provision of management services contract.

At the 26 February Board meeting it was agreed:

- ◆ To accept the Individual Employment Agreement as currently established

for staff, and the transfer staff to take effect no later than 8 April;

- ◆ Sub contract the provision of services to Christchurch PHO for contracted lines to 30 June 2008.


The Board Chairman, Allan Marriott and CEO, Bill Eschenbach have signed contracts for the provision of CME/CNE Education, IT and Finance.

All of the staff have signed Individual Employment Agreements with RCPHO

and are therefore now employed directly by RCPHO Ltd.

The Board also agreed at its March meeting that the 'Manager' be re-titled 'Chief Executive Officer'.

RCPHO office will provide management services to Christchurch PHO until 30 June 2008, at which time CPHO's newly appointed General Manager and staff will have set up their administration and office.



**Nutrition. Movement. Emotion.**

eatfit specialises in helping patients change their nutritional and exercise habits in order to achieve a long term healthy weight. eatfit founder and Kaiapoi resident Dane Fuller first began helping patients in North Canterbury in the year 2000. eatfit now employs fully qualified nutritionists and exercise

consultants throughout Christchurch. Last month eatfit patients decreased their weight by a total of 103kg.

eatfit will now be using the eatfit programme to help patients in the Waimakariri District to achieve a healthy happy weight.

A full time nutritionist and exercise consultant will guide patients from Kaiapoi, Rangiora, Oxford and Woodend through the eatfit programme. These consultations will be provided free of charge to the patient via funding from

the Rural Canterbury PHO. Services to Improve Access provides funding for Nutritional and Physical Activity services until 31<sup>st</sup> Jan 2009.

This same eatfit Nutritionist and Exercise consultant will also provide the Waimakariri District with a .5 FTE Health Promoter. Helping to create linkages within the community, Medical centres, patients and PHO. The eatfit Nutritionist and Exercise consultant will begin visiting local practice teams and be available for your referrals from the first of May 08.

### NEW TELEPHONE SYSTEM INSTALLED

A new telephone system has been installed at the RCPHO office. The new Hybrex Smart Solutions system offers many new features compared with our previous telephone system.

All office staff will now have voice mail accessible.

When phoning 03 357 4970 you can press the extension number of the person you wish to speak to and the call will go directly through to them or their voicemail if they are unavailable.

The RCPHO Board requested the ability for consumers to ring the PHO to provide feedback on primary health care services facilitate by the RCPHO - "Brickbats or Bouquets". This is an option on new the phone system.



Tai Chi at Diamond Harbour by Chris Rudin Jones (on the right) Health Promoter, Banks Peninsula - March 2008.

Email: first name\_last name@rcpho.org.nz

Name	Title	03 3574970 Extension #
Helen Thompson	Reception	200
Bill Eschenbach	CEO	201
Dianne Walker	Project Administrator	203
Geraldine Clemens	Projects and Planning Manager	209
Alison Wilkie	PMP Education	208
Jill Robinson	HP and SIA	205
Paul Wynands	Mental Health	204
Susan Kovacs	0-3% Mental Health	202



Mental Health - Brief Intervention Coordinators	
<b>Waimakariri</b> Michele Young James O' Donoghue Victoria Ravenscroft	021 566 378 027 661 6996 021 977 995 (Youth BIC)
<b>Ashburton</b> Andi Kirk Anne Kerr	027 416 1112 021 566 375
<b>Banks Peninsula</b> Karen Daws	027 333 6147

**Appetite for Life**  
This highly regarded and evaluated research based programme will be available to Health professionals in July / August in Waimakariri and September / October in Ashburton. For more information please contact Alison Wilkie. Those who have attended rave about it!

*"Change of Heart".*  
Run by Gabrielle Gallagher of NHF.  
2 of 3 programmes in March attended by Practice nurses from both Rural Canterbury and Christchurch PHOs.

**Self Test Questionnaire**

Do you know:	YES	NO
How to register a patient for acute demand management funding?	<input type="checkbox"/>	<input type="checkbox"/>
How to claim funding for acute demand management Package of Care?	<input type="checkbox"/>	<input type="checkbox"/>
Three sources for advice / information on acute demand management?	<input type="checkbox"/>	<input type="checkbox"/>
How to register a patient for a chronic disease management Package of Care?	<input type="checkbox"/>	<input type="checkbox"/>
How to refer a patient for a chronic disease management Package of Care?	<input type="checkbox"/>	<input type="checkbox"/>
Where the cellulitis kit box is kept at your practice?	<input type="checkbox"/>	<input type="checkbox"/>
What is in the cellulitis kit box?	<input type="checkbox"/>	<input type="checkbox"/>
Where the cellulitis protocol is kept?	<input type="checkbox"/>	<input type="checkbox"/>
Where the clexane is kept at your practice?	<input type="checkbox"/>	<input type="checkbox"/>
Where the DVT pathway information is kept?	<input type="checkbox"/>	<input type="checkbox"/>
How to claim funding for supplies used from the kit box?	<input type="checkbox"/>	<input type="checkbox"/>
How to claim funding for clexane and cephalosporin?	<input type="checkbox"/>	<input type="checkbox"/>
How to obtain cephalosporin to restock the kit box?	<input type="checkbox"/>	<input type="checkbox"/>
How to obtain further stock of clexane?	<input type="checkbox"/>	<input type="checkbox"/>
How to make a discretionary funding application?	<input type="checkbox"/>	<input type="checkbox"/>

If you have ticked 'No' boxes and you would like PHO office staff to provide explanations, phone 03 357 4970 or Free Phone 0800 800 743.

**Vaccinator training and updating courses**

If you are interested in attending any of these courses or updates, could you please contact IMAC at phone 0800 882 873 or email: [imacadmin@ihug.co.nz](mailto:imacadmin@ihug.co.nz)

- Vaccinator training course  
21 - 22 May 2008  
3 - 4 September 2008  
12 - 13 November 2008
- Update for trained vaccinators:  
5.30 - 9.30 pm  
12 November 2008

Please let Alison Wilkie (03 357 4970) know if you need training or updating and cannot be fitted into one of these planned programmes.

If there is sufficient need we will investigate the possibility of arranging another.

Enrolled Data as at 1 April 2008	Total	NZ European	Maori	Pacific Islander	Other
Rural Canterbury PHO	65727	53776	3252	489	8210

**WEBSITE** [www.rcpho.org.nz](http://www.rcpho.org.nz)  
**Freephone** 0800 800 743