



## Temporary Premises / Relocation for Kaiapoi Family Doctors

**Drs Page's and Dr Fairhall's** premises at Kaiapoi Family Doctors, 52 Charles St, Kaiapoi, is to be demolished following damage resulting from the earthquake of 4 September 2010. Following discussions and with the assistance of Bill Eschenbach, CEO, RCPHO the practice will relocate to Blue Skies, Williams St, Kaiapoi until new premises are built.

The practice will therefore be closed on Monday, 21 February for the set up of IT in the new site at Blue Skies. Contact phone and fax remain the same:  
 Dr Fairhall Ph: 327 7167  
 Fax: 327 6719  
 Dr Page Ph: 327 7474  
 Fax: 327 7462



Family Matters  
 NZRGPN Conference 2011  
 17 – 20 March, Wellington Convention Centre



Have you registered for the Network's conference in Wellington in March?

The theme of this year's showcase rural health event is "Family Matters: Supporting rural general practice, rural communities, practitioners and their families".

The conference will be held from March 17-20 at the Wellington Convention Centre (Michael Fowler Centre).

The New Zealand Rural General Practice Network was formed in the early 1990s by a group of GPs who were passionate about providing quality healthcare to rural communities and supporting rural GPs and their families. The 2011 conference revisits these core values.

Come along and listen to keynote speakers including the Hon. Tony Ryall, Minister of Health, Celia Lashlie, Dr Jane O'Malley, roving locum Dr Richard McCubbin and attend the various workshops and plenary sessions available as well as the extensive exhibition area. There's also ample opportunity to network and socialise with colleagues and friends at the various social evenings.

For information on the programme, registration, sponsorship and social events click contact Communications and Membership Manager Rob Olsen directly on 04 495 5887 or 021 82 2468.



Influenza immunisation is FREE as soon as vaccine is available for New Zealanders at high risk of complications - people aged 65 and over and anyone under 65 years of age with long-term health conditions. In addition, from 2011 the Ministry of Health will subsidise influenza immunisation for pregnant women. Pregnant women have been included as an eligible group for free vaccination as studies have shown they have been particularly susceptible to more severe outcomes from swine flu.



## Homeshare

HomeShare is one of Presbyterian Support's day programmes for older people and involves up to four older people spending a day in a person's private home. It was established in North Canterbury in 2007, and there are now nine groups in Amberley, Oxford and the Rangiora area. Hosts are contracted to Presbyterian Support and are generously reimbursed for their expenses. They give the clients a hot lunch meal, some great activities, and good care for the day. Hosts are given good initial and ongoing training and good support from a professional team of coordinator and social workers. We are currently looking for hosts and clients in Kaiapoi, and are keen to hear from anyone interested in doing this work.

Each HomeShare group has its own unique character, and the people soon settle in and become very comfortable. A

group of retired farmers with dementia go to a 10 acre block, where they shift stock and fences, collect stones to build a stone wall, plant things and pull things up, and generally get to use a lot of old skills. A group of ladies enjoy morning and afternoon teas on beautiful china, outside in a lovely garden. One group enjoys watching old All Blacks DVDs, others play cards, scrabble, or whatever they can manage. Clients are both frail elderly and people with dementia, and some live alone, others with carers who appreciate the break. Current vacancies are: 2 in Amberley. 2 in Oxford. 6 in Rangiora. There will soon be places available in Kaiapoi as well.

Contact Kaye Vessey, HomeShare Coordinator, phone 03 313 8588 extn 26, or email [kayev@psusi.org.nz](mailto:kayev@psusi.org.nz)

## Peter Snow Memorial Award 2011

Do you know of a colleague in rural general practice who would be worthy of a sector award?

Nominations are now open for the annual Peter Snow Memorial Award to be announced at the Network's 2011 conference in Wellington, March 17-20. The award was set up to honour the life and work of Dr Peter Snow who passed away in March 2006. Dr Snow was a rural general practitioner based in Tapanui. For more information, nomination guidelines or to nominate someone please contact [www.rgpn.org.nz](http://www.rgpn.org.nz).

## Rural Canterbury Primary Health Organisation

567 Wairakei Road,  
 Christchurch 8053  
 P O Box 14021,  
 Christchurch 8544  
 Phone 03 357 4970  
 Fax 03 357 4372  
 Free Phone  
 0800 800 743

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[www.rcpho.org.nz](http://www.rcpho.org.nz)

**webhealth**  
canterbury.co.nz

**Webhealth - a wonderful resource for health or community workers in Canterbury.**

Webhealth is an online health and social service directory that, as one of its functions, connects people to health and social service providers <http://www.webhealth.co.nz>.

Julie Noster the Canterbury representative would like to invite rural providers of services to add their details free to Webhealth so that more people will have the opportunity to learn about your service, and make contact.

It is quick and easy to register online, once you enter the Canterbury page by clicking on the map see the 'Provider Registration and Log in' tab on the left and follow the instructions.

You may be interested to know that General Practice, Counselling/therapy and Mental health are consistently the top three browsed categories on our Canterbury site.

Please telephone Julie Noster on 0800 932 432 or email [julie@webhealth.co.nz](mailto:julie@webhealth.co.nz) if you need any assistance, feedback or ideas on rural needs is most welcome. Or make contact if you require brochures or you would like a staff presentation on all the sites functions.



**Smoking Cessation Service – 03 377 8159**

Chris Leleifenika direct number- 03 363 0747  
Pacific families, Individuals, Groups and any one that would want to quit.

Free NRT

Email - [quit@pacifictrust.co.nz](mailto:quit@pacifictrust.co.nz)

Fax 03 366 0350

## RCPHO MAORI HEALTH MANAGER UPDATE

The strong relationships RCPHO has established between Primary Care services and local marae have assisted significantly in addressing Maori Health needs.

We continue to attend the monthly Tuahiwi "Healthy day at the Pa", as well as working with other rural marae to identify how best we can meet their needs.

Providing a health section for scheduled community events such as local A&P shows and Wine and food festivals, has been a key strategy in accessing our rural communities to provide information on services available Canterbury-wide.

Last year RCPHO provided a number of Treaty of Waitangi workshops for General Practice teams. This is available for general practice teams in 2011 and each presentation is tailored to meet GP Practice's needs.

For all enquiries please contact Wayne Smith, RCPHO Maori Health Manager, 0800 800 743 extn 211.

# Australasian Long-Term Conditions Health Conference

Shaping our Future Health System

7–8 April 2011  
Auckland, New Zealand

**Nau mai haere mai**

Join us in welcoming **Dr Edward Wagner** to Auckland

The World Health Organisation has identified **chronic conditions** as the health challenge of the 21st century. While there are pockets of excellence and exciting initiatives across New Zealand and Australia, there are few opportunities for frontline clinicians, funders, managers, allied health professionals, community organisations, researchers and policy analysts to meet, share ideas, knowledge or learnings. This inaugural conference is an opportunity to facilitate these discussions and knowledge sharing.

### Keynote Speakers

We are delighted to advise that the following international keynote speakers have been confirmed:

- Edward Wagner
- Robert Beaglehole
- Malcolm Battersby
- Susan Reid
- Mark Harris
- Janice Chesters
- Richard Osborne

### Conference Themes:

- Models of care
- Quality, safety and equity
- Health literacy
- Whanau ora
- Advanced care planning
- E-health
- Self-management support
- Shared care and co-design
- Evaluation and performance
- Workforce development

### Who should attend?

- Frontline clinicians (nursing, medical and allied health)
- Clinical leaders
- Policy makers and managers
- Peer support workers and adult educators
- Consumers
- Researchers and evaluators

Registrations  
now open.  
Abstracts close  
16th February.

For more information visit [www.healthnavigator.org.nz/conference](http://www.healthnavigator.org.nz/conference)

This conference is being hosted by Health Navigator NZ and the Long-Term Conditions Clinical Network in association with



## Charlotte Hastings, Waimakariri Health Promoter (0.5 FTE)

Since graduating with a BSc in Human Nutrition, Charlotte has acquired a broad range of experience from community health in the UK, human resources in the US to sales and marketing in New Zealand. Charlotte has recently moved back to Canterbury with her family from Te Anau where she was a full-time Mum to Jack (4) and Nicholas (2).

*"I am thoroughly enjoying being back in my home province and looking forward to supporting healthy lifestyles in the Waimakariri community."*

Contact details: Kaiapoi Community Support, 116 Williams St, Kaiapoi, 7630 (03)327-8945 (Mondays only) Mobile: 0220856651  
[healthpromotion@eatfit.co.nz](mailto:healthpromotion@eatfit.co.nz)

Supported by RCPHO and eatfit

## Enrolled Population

NZ European	68,293
Māori	5,154
Pacific Islander	979
Other	10,331
<b>Total</b>	<b>84,757</b>